

INVITES YOU TO PARTICIPATE IN A SHORT AFTERNOON OF "SELF CARE FOR THE CARING PROFESSIONAL"

JOIN US AT:

Blyth Creek Maple Farm

42232 Moncrieff Rd, Brussels, Ontario



For a hayride, followed by apple cider and treats Cost \$5

Oct 17th, 4 pm - 6 pm

Take a moment to relax from your busy day and chat about what you would like to see within our Chapter TO REGISTER: Email Carol at <u>cmunnings@cabletv.on.ca</u> Deadline to register is October 15