

Registered Nurses' Association of Ontario l'Association des infirmières et infirmiers autorisés de l'Ontario

> NIAGARA CHAPTER ANNUAL GENERAL MEETING

Wednesday February 18, 2015

Club Capri, 36 Cleveland Street, Thorold, ON L2V 3K5 Networking 6PM Dinner and meeting 6:30 – 7:45 PM

> followed by Guest Speaker Judy Suke, DTM <u>"Create The Life You Want"</u> - Let Laughter Lighten The Load

In this extremely humorous presentation, Judy shares some helpful tips to create the life you want and control the stress of our hectic world. You can find balance and handle it all while bringing laughter into your work and play. Your laughter during the presentation will immediately heal the body, soothe the soul, lift the spirits and give you energy.

Judy Suke, DTM Triangle Seminars Motivational Humorist, College Professor, Coach and Author

TICKETS BY REGISTRATION ONLY AT RNAO.ORG MEMBERS AND NON MEMBERS \$15.00 STUDENTS \$10.00

This meeting is open to all registered nurses, however, only members of RNAO have voting privileges