



Registered Nurses'
Association of Ontario

L'Association des
infirmières et infirmiers
autorisés de l'Ontario

RNAO REGION 6 **ARE YOU SAFE: ARE YOU THRIVING AT WORK, HOME, AND SCHOOL?**

Join us for our Annual General Meeting and
Interactive Workshop

DATE SATURDAY MARCH 24, 2018

TIME 0830-1600 H RNAO \$30 NON-RNAO \$45

THE OLD MILL IN THE MILL ROOM

21 OLD MILL ROAD, TORONTO (SHORT WALK FROM OLD MILL STATION
ON BLOOR SUBWAY LINE, PARKING CLOSE BY)

Unite in connecting, networking and relaxing beginning with a meditation
exercise and advancing to discuss the business of our Region.

Celebrate and recognize RNAO Members of 25 years and 40 years of
membership.

Our Interactive Workshop will provide insights into how you can enhance
your knowledge on being safe when the reality for many is
harassment/violence and distress..

TO REGISTER [HTTPS://MYRNAO.CA/CIVCRM/EVENT/INFO?RESET=1&ID=471](https://myrnao.ca/civCRM/Event/info?reset=1&id=471)

Self care is **not**
self
indulgence.

Self care is self
respect.

- gateway -
women.com