

Supporting NPs in LTC through COVID-19

Meeting #10- April 30, 2020

Agenda Items	Discussion Points
PPE	<ul style="list-style-type: none"> If your facility is short on PPE, please let your regional PPE coordinators know: https://myrnao.ca/sites/default/files/attached_files/PPE%20Leads%20-%20April%205%2C%202020.pdf If you continue to experience issues, please let Doris know: dgrinspun@rnao.ca.
Testing + COVID-19 Outbreaks	<ul style="list-style-type: none"> Question: At what point after universal testing do we start to re-test residents if they acquire new symptoms? Doris: if they develop any symptoms, then re-test. If not, then every 2-2.5 weeks we would suggest (no directive from government on this yet).
Infection Prevention and Control	<ul style="list-style-type: none"> Infection Prevention Protocol is live which may be of use. It is available on RNAO's website here: https://myrnao.ca/sites/default/files/attached_files/Considerations%20for%20Isolating%20Residents%20of%20LTC%20Covid%2019%20%28FINAL%29%20April%201%2C%202020.pdf Suggestion for all staff to remove all clothing/shoes, etc. after work and change into clean clothes before going home. Take clothes and shoes home in a plastic bag to improve infection control.
Palliative and End of Life Care and Resources	<ul style="list-style-type: none"> Palliative and End of Life Care Protocol is live, and available on RNAO's website here: https://myrnao.ca/sites/default/files/attached_files/Planning-for-Palliative-Care-During-the-COVID-19%20Pandemic-April%209%2C%202020.pdf
Staffing Challenges	<ul style="list-style-type: none"> ViaNurse through RNAO continues to be available. It houses a list of RNs, NPs and nursing students (for PSW roles) that are ready to be deployed. Do not wait until your LTC home is short-staffed to begin recruiting extra help; please build surge capacity now by emailing hmconnell@RNAO.ca and dlau@RNAO.ca or accessing the following website: https://rnao.ca/news/information-2019-novel-coronavirus-covid-19#VIANurse Mental Health/Wellbeing resources are live, and available on RNAO's website: https://myrnao.ca/sites/default/files/attached_files/MH%20and%20Well%20being%20Psychosocial%20supports%20during%20Covid%2019%20-%20April%209.pdf
Other	<ul style="list-style-type: none"> A number of nursing home administrators told families to stop visiting residents through the windows this week. Ottawa Mayor Jim Watson has ordered nursing homes to find a way to let family members visit through windows again. RNAO will investigate further. An informative presentation by Wendy Dunn, NP re: managing COVID-19 in LTC homes will be shared shortly by RNAO.
Future Meetings	<ul style="list-style-type: none"> Weekly, on Monday or Thursday 5:30 pm- 6:30 pm Next meeting: TBD <p><i>*Please send us your questions in advance to kdieleman@rnao.ca or via the website question boxes.</i></p>