

## **Minutes RetNIG AGM**

**June 13, 2020 1000 am**

**23 registrants**

### Chair Remarks

Rhonda Seidman-Carlson (immediate past-chair) gave remarks. She reviewed the first 3 years of the interest group (moving from having only the executive at the first AGM- to over 30 last year, and 23 registered for this virtual AGM).

She reviewed the purposeful decision the executive made to have all meetings/webinars/activities virtual – with the exception of the AGM so as to support all members, across the province to be engaged in the activities of the IG.

She discussed the upcoming election for two (2) ENO positions: Political Action and Policy ENO and Social Media ENO. Please put forward your nomination. Elections (One Member-One vote) will occur in July. The deadline is July 17, and you can access the call at [https://myrnao.ca/retnig\\_cfn\\_2020](https://myrnao.ca/retnig_cfn_2020).

She finally asked members to provide the IG with ideas of what topics and foci they would like to see in the upcoming year – both for webinars and meetings as well as political action activities.

PLEASE SEND IDEAS TO THE IG DIRECTLY!!! See the email with these minutes for further instructions.

### Social Media

Lori Jennings provided her report. She demonstrated the increase in activity- especially on Facebook and Twitter. Our presence on Instagram is new but the numbers are growing. We will provide the links with every Newsletter, but you can certainly follow us on all these media right now.

Lori mentioned that her term is up, and this is one of the positions open for election. Once the new Social Media ENO is elected, she will work with them to orient them to the role, and each of the social media accounts, and transfer the Facebook account to RetNIG as so far it has been with her personal account.

She reminded everyone that social media is an exceptionally good way to communicate activities of the IG and activities of the IG members. Keep up the good work!!

We thank Lori for all her work in her ENO role and for setting the stage to continue to grow and move forward on Social Media!!

### Membership

Una Ferguson, Membership ENO could not be in attendance, but Rhonda read her report. We sit at 113 RN members and 742 student members. Una challenged every RetNIG member to bring one new member with them when they renew their membership this year. Let us see if we can double our numbers!!

Remember RetNIG is not only for retired nurses but for those considering retirement and for those who want to access the cumulative wisdom and experience of very seasoned nurses!!

## Communications

Suman Iqbal our Communications ENO presented her report. She spoke about the many ways RetNIG communicates with its members- Newsletter (last one February 2020); Webinars and virtual meetings; AGM; and through our many social media platforms.

Suman wants to hear from our members – how can we increase and improve communication with our members. What do you want to hear more about? Let us know please

Suman, who retired this past year, has come back to work full time to assist in several LTC facilities.

Thank you, Suman, for your continued work in keeping our members connected.

## Political Action and Policy

Beatriz Jackson our PPAN ENO presented her report. She gave a historical perspective related to what has transpired over the last 2 years with a focus on Queen's Park Day, Queen's Park on the Road and Take your MPP to Work- what a difference a year has made (as could be seen through the pictures of last year's events!!).

She spoke to the Basic Care Guarantee that RNAO is demanding happen NOW in LTC facilities and shared the proposed required number of hours of direct care per resident per day, and the staff mix of RN/RPN/PSWs and how many hours of care per resident per day that equates to. As well she reiterated the demand of one (1) Nurse Practitioner per 120 residents in long term care homes, which is also a part of the Basic Care Guarantee, as is an additional full time RN staff for infection prevention and control.

Given the membership of RetNIG this fight is one each member should be actively engaged in!! Check the RNAO web site for a look at the full Nursing Home Basic Care Guarantee and take note of the Action Alert and please respond <https://rnao.ca/policy/action-alerts/act-july-31-demand-government-implement-nursing-home-basic-care-guarantee>

Beatriz's term ends this year and we thank her so much for all her commitment to political action and policy development both in her ENO role in RetNIG and within her home chapter of Durham-Northumberland. This is one of the ENO positions open for elections this year- please put your name forward! See the link to the nominations call above.

## Finance

Marianne Cochrane our Finance ENO presented the financial statement as of May 2020. The balance in our account is more than \$3900.00 and currently our only expenses are the \$5.00/month bank fees. As our balance grows, Marianne asked the members to consider ways we may wish to use the funds to assist the activities of this interest group. Your ideas are welcome!

## Incoming Chair of RetNIG

Irmajean Bajnok is taking on the Chair of RetNIG. Usually this transition would occur during the AGM but as Irmajean is now working at RNAO as the Acting Director of Nursing and Health Policy for 3 more months, so she cannot assume the chair now, because of RNAO conflict of Interest policies. Rhonda Seidman-Carlson will keep the "chair warm" until September when Irmajean should be available to take over her duties.

Irmajeau shared the Mission, Vision, and Goals of RetNIG, that the current executive has worked on, and discussed how we might be able to meet these even more than we have over our first 3 years, now that many of the infrastructure pieces of RetNIG have been so ably established under the amazing leadership of our inaugural IG Chair Rhonda. Endless thanks to her for the vision to establish this interest group, rally members and set the pace for a very successful interest group! (Mission, Vision, and Goals are attached to this email).

Irmajeau will be a FABULOUS chair of RetNIG!

The floor was then opened to members. Several questions and ideas were shared. In addition, members all joined in for a round of applause to congratulate Una Ferguson as recipient of two (2) RNAO award this year Way to go Una!!

Finance ideas to date: Zoom membership for a year- enabling monthly Zoom meetings, chats and networking

Webinar/Meeting ideas to date

- Sharing retirement activities and lessons learned
- Self-care strategies- especially during this time of social distancing and the unknown
- Active involvement in NH disaster and solutions brought forward by RNAO- let us make it happen!
- We may wish to connect with CFUW who have proposed 2 emergency resolutions around LTC and looking at some similar solutions (power in numbers)

AGM adjourned at 1105

Submitted by

Rhonda Seidman-Carlson