

Palliative Care Delivery in Long-Term Care during the COVID-19 Pandemic

This summary of palliative care and end-of-life resources is for health care providers in Ontario Long Term Care (LTC) homes to help them to quickly address the issues that have arisen during this COVID-19 pandemic. Recommendations for advanced care planning are based on the Ontario legal framework.

Planning and Palliating During a Pandemic

Planning for Palliative Care during the Covid-19 Pandemic

This document is for palliative care clinicians and programs and the intent is to:

- Outline some of the key issues in planning for palliative care delivery in the context of COVID-19
- Share some considerations and resources to draw on for guidance in planning at the local level.



Planning-for-Palliative-Care-During-the-CC

Palliative Care Resources to Support Frontline Providers during the COVID-19 Pandemic

Recognizing limited access to palliative care specialists, frontline providers need to be prepared, supported and empowered to deliver the necessary care to address the needs of their patients. This document collates key resources to enable frontline providers to provide primary level palliative care.



PC-Resources-for-Frontline-Providers-for-

Tools to support Earlier Identification for Palliative Care

This background document from the Ontario Palliative Care Network has tools to identify residents who are palliative.

www.ontariopalliativecarenetwork.ca/sites/opcn/files/OPCNToolsToSupportEarlierIdentificationForPC.pdf

The Supportive Care Coalition Website

This website provides resources to support caregiver well-being and includes a link to resources that address the impact of COVID-19 on palliative care practice

supportivecarecoalition.org/caregiver-wellbeing

Palliative Care and the Impact of COVID-19 webinar (March 18, 2020) - Dr. Diane E. Meier and Dr. R. Sean Morrison

Watch the recording and download the presentation slides on the impact of COVID-19 for the palliative care field

www.capc.org/events/recorded-webinars/palliative-care-and-impact-covid-19/

RNAO Best Practice Guideline (BPG): *End-of-Life Care during the Last Days and Hours*

The purpose of this BPG is to help individuals who are in the last days and hours of life using clinical expertise, disease specific indicators and validated tools. Includes end-of-life trajectories and resources to support pain and symptom management -

rnao.ca/sites/rnao-ca/files/End-of-Life_Care_During_the_Last_Days_and_Hours_0.pdf

RNAO BPG: *A Palliative Approach to Care in the Last 12 Months of Life*

This BPG focus on the psychosocial aspect of palliative care. Attention is given to the spiritual, emotional, existential and cultural domains of care. The recommendations are meant to be implemented as part of a holistic approach to care -

rnao.ca/sites/rnao-ca/files/bpg/PALLIATIVE_CARE_WEB_1_0.pdf

Symptom Management

Cancer Care Ontario Website - Symptom Management Guideline and Advice






Provides tools for healthcare providers to assess and manage patients' cancer related symptoms and side effects, and information for patients about maintaining their well-being, and managing their symptoms and side effects. The tools are applicable to LTC homes and can be accessed here

www.cancercareontario.ca/en/symptom-management

Ontario Palliative Care Network - Palliative Care Toolkit

This toolkit provides a systematic approach and evidence-based tools to support palliative care delivery

www.ontariopalliativecarenetwork.ca/en/node/31896

<p>Symptom management for adult patients with COVID-19 receiving end-of-life supportive care outside of the ICU</p> <p>This algorithm provides concrete recommendations to managing residents with COVID at the end-of-life.</p>	 COVID-19-End-of-Life-Symptom-Management
<p>COVID-19 Response – Free, Online Modules for Palliative Care of COVID -19</p> <p>The purpose of these free self-directed learning modules from Pallium Canada is to enhance knowledge, skills, and practice in providing high-quality palliative care.</p>	www.pallium.ca/course/covid-19-response-free-online-modules/
<p>Palliative Care Symptom Response Kit Order Set</p> <p>This fillable form is a palliative care order set for end-of-life.</p>	 SRK Palliative Orders.pdf
<p>Yee Hong End of Life Order Set</p> <p>This detailed end-of-life order set has been developed by Yee Hong Centre for Geriatric Care in Toronto.</p>	 Yee Hong EOL Order Set updated December
<p>Respiratory Symptom Management for adult patients with COVID-19 receiving end of life supportive care. (Long Term Care)</p> <p>This one page document summarizes the respiratory issues associated with COVID-19. It was developed by Chapman House, GB PC physicians and PPSMC program</p>	 Liz Laird and GB area palliative physicians V
<p>Advance Care Planning, Goals of Care and Health Care Consent: Support for Difficult Conversations</p>	
<p>Hospice Palliative Care Ontario (HPCO) Website</p> <p>This is the go-to websites for Ontario health care providers on Advance Care Planning, Goals of Care and Health Care Consent for COVID-19. The resources are consistent with the Ontario legal framework.</p>	www.hpcocanada.ca/advance-care-planning-health-care-consent-goals-of-care/
<p>Ontario Palliative Care Network Website</p> <p>These fact sheets offer easy to read information on various aspects of advanced care planning.</p> <ul style="list-style-type: none"> • Person-Centred Decision-Making: Resource for healthcare providers • Approaches to Goals of Care Discussions: Resource for health care providers • Making Decisions About Your Care: Patient Resource • Advance Care Planning, Goals of Care, and Treatment Decisions & Informed Consent 	www.ontariopalliativecarenetwork.ca
<p>Quick Reference Guide - Goals of Care Conversations</p> <p>This Goals of Care Conversations Guide was adapted from the Ontario Renal Network</p>	 GOC Conversations - Quick Reference Guide
<p>Speak Up Ontario website</p> <p>Advance Care Planning Workbook: Ontario Version is for residents and families:</p>	www.speakupontario.ca/resource/acp-workbook-en/
<p>Toronto East Health Network – Michael Garron Hospital</p> <p>COVID-19 Information for Goals of Care – YouTube video</p>	youtu.be/i16ZDM3ZnZA
<p>Vital Talk</p> <p>This website offers practical advice on how talk about difficult topics related to COVID-19, including specific phrasing for patient and family conversations has been developed by VitalTalk, and is available here:</p>	www.vitaltalk.org/guides/covid-19-communication-skills/