



*National Association of PeriAnesthesia Nurses of Canada*

February 3rd, 2025,

Fellow PeriAnesthesia Nurses,

On behalf of NAPANc, I wish all PeriAnesthesia Nurses of Canada a Happy PeriAnesthesia Nursing Week 2025. Let's take the time to celebrate our achievements and hard work as Perianesthesia Nurses.

These last five years have been challenging for everyone. The pandemic has genuinely changed the landscape of healthcare. Our *new normal* is very different from the *normal* before the pandemic. However, one of the positive impacts of the pandemic is that we have witnessed a surge in innovation in PeriAnesthesia nursing. We had to find creative ways to increase OR throughput while minimizing the impact of admitting patients to surgical beds. Surgeries that would previously require the patient to stay in the hospital for a few days are now designed for patients to be discharged the same day or only require an overnight stay in the hospital. Technology has played a crucial role in innovation, from introducing more robotic surgeries to evolving our charting to Electronic Medical Records (EMR). This also means that PeriAnesthesia nurses have had to adapt to the constantly changing surgical landscape. We are now discharging more patients, which requires additional patient education and increasing our workload. Sometimes, new surgeries are performed, and we are not even aware of these surgeries, but we are still tasked with providing care and education to these patients. This is why our theme this year is ***Strength in Knowledge Leads to Innovation***.

We will host another virtual spring symposium this year, including our annual general meeting. It will be held on May 31<sup>st</sup>, 2025, in a format similar to last year's spring symposium. With the increasing cost of living, an in-person meeting was impossible this year. Nonetheless, we are hoping to have an in-person conference in 2026. ICPAN, our international body, will be hosting its conference in Dublin, Ireland this September.

Lastly, PeriAnesthesia Nurses are often forgotten in our hospitals. We don't receive the recognition that we deserve, even though we are one of the most important pillars of our hospitals. This is why I genuinely believe that this week, we should celebrate our resilience and dedication to PeriAnesthesia Nursing. I want to say THANK YOU to all of you. This year, NAPANc is hosting a photo contest in celebration of all PeriAnesthesia Nurses across the country. There is an opportunity for your team to win a gift card. Enjoy some time with your colleagues, capture those moments with pictures and send them to us! Be creative and have fun! Details will be posted on our social media platforms @napancnurses and our Facebook page as well as attached with this email.

Sincerely,

Tanya Lachapelle, RN, BScN, MEd, PANC(c)

President of NAPANc