



Mareena Mathew is an Adult Nurse Practitioner. Mareena completed Post MN-NP from the University of Toronto, Master's in Nursing from Ryerson University, and Bachelor's in Nursing and Midwifery from the College of Nursing at the Christian Medical College, Vellore, India. Her current clinical roles include providing psychiatric consultations and treatment for adults experiencing psychiatric disorders and concurrent disorders at St. Joseph's Healthcare Hamilton. She has clinical experience as NP with Delirium Team, Medical Psychiatry Alliance at the Trillium Health Partners, Mississauga, and as APN with the Center for Addiction and Mental Health, Toronto. She also has extensive experience working as RN with Early Psychosis Intervention, eating disorders, psychiatric emergency services, and acute inpatient psychiatry.

Topic: Psychopharmacology: Clinical Pearls (0835 - 0935)

Objectives:

- ✚ Review of:
 - Commonly used psychotropics with its indications
 - Side effects
 - Special considerations
- ✚ Key nursing care points while working with clients who take psychotropics