

Ministry of Health

# Guidance for Public Health Case Management and Monitoring for 2019-nCoV

Version 1 - February 7 2020

This document provides updated terminology to assist in identification and management of individuals who are at risk for contracting 2019-nCoV. This document has been developed to support the 'Public health management of cases and contacts of novel coronavirus (2019-nCoV) in Ontario V3'.

## Terminology

**Person Under Investigation:** Any individual who meets the [case definition](#) for a Probable Case, Presumptive Confirmed Case, Presumptive Negative Case, or Confirmed Case and is currently being tested for 2019-nCoV.

**Self Isolation (Full Activity Restrictions):**

- Do not attend school or work or social gatherings
- Avoid close contact with others, including those within your home, as much as possible (see Preventing 2019-nCoV from spreading to others in homes and communities)
- Have a supply of masks available should close contact with others be unavoidable
- Postpone elective health care until end of monitoring period
- Do not take public transportation. If a private vehicle is unavailable, can take a taxis/shared ride services (e.g., Uber, Lyft etc.) while wearing a mask and sitting in the rear passenger seat with window open (weather permitting)
- Discuss any travel plans with local public health unit
- Self-monitor daily for fever or any respiratory symptoms
- If symptoms develop:
  - Self-isolate immediately
  - Contact local public health unit and health care provider prior to visiting a health care facility

**Partial Activity Restrictions:**

- Avoid non-essential gatherings
- Can attend school or work only if able to mask and maintain a distance of 2 meters from others and can leave quickly if symptoms develop
- Postpone elective health care until end of monitoring period
- Avoid public transportation, including taxis/shared ride services (e.g., Uber, Lyft etc.), where possible. If unavoidable, wear a mask.
- Discuss any travel plans with local public health unit
- Self-monitor daily for fever or any respiratory symptoms
- If symptoms develop:
  - Self-isolate immediately
  - Contact local public health unit and health care provider prior to visiting a health care facility

## Contact Management Guidelines

Description	Case Responsibilities	PHU Responsibilities
Individuals who have returned from Hubei Province AND are asymptomatic	Self Isolation – Full Activity Restrictions	PHU advises to monitor symptoms and creates a plan for how to stay in contact with the traveller, including what to do if symptoms arise
Individual is symptomatic AND: a) has recent travel to mainland China OR b) has <u>known</u> AND <u>close</u> contact with a PUI	Self Isolation – Full Activity Restrictions  Contact PH for assessment	Daily monitoring for 14 days from last known exposure  May facilitate testing
Individual is asymptomatic AND: a) has recent travel to mainland China OR b) has <u>known</u> AND <u>close</u> contact with a PUI	Self Isolation – Partial Activity Restrictions	PHU conducts risk assessment  PHU advises to monitor symptoms and creates a plan for how

		to stay in contact with the individual, including what to do if symptoms arise
Individual is asymptomatic AND: a) has recent travel to mainland China OR b) has <u>potentially</u> had contact with a PUI	Partial Activity Restrictions	PHU conducts risk assessment and advises to monitor symptoms
Individual is asymptomatic and has no recent travel history to mainland China and no known exposure to a PUI, but is worried	No Activity Restrictions	Routine healthcare practices