

This is our first edition of the new web-based newsletter for FCNIG.

## 2019 ADVENT REFLECTIONS

We have some words and reflections from our President Anne-Marie Mohler:

Advent is the beginning of the Church's liturgical year and our season of preparation for the celebration of Christmas. Advent prepares us to celebrate the anniversary of the Lord's birth on Christmas as we consider the mystery of the incarnation, anticipate Christ's second coming at the end of time and look for the ways Jesus is born in our lives each day. In 2019, it begins on Sunday, Dec. 1.

Catholic Healthcare Association (CHA) annually provide resources to help those in the ministry of health care to consider the season of Advent and Christmas — their meaning and connections to their own lives. The 2019 collection was written by Ann M. Garrido, Doming.

The reflections below are provided in video format. I hope that you will share these messages widely across your faith communities.

Reflection for the week of Sunday, Dec. 1: Video (<u>.mp4</u>) (<u>watch on YouTube</u>) Reflection for the week of Sunday, Dec. 8: Video (<u>.mp4</u>) (<u>watch on YouTube</u>)

Reflection for the week of Sunday, Dec. 15: Video (.mp4) (watch on YouTube)

Reflection for the week of Sunday, Dec. 22: Video (.mp4) (watch on YouTube)

Reflection for Christmas, Dec. 25: . Video (.mp4) (watch on YouTube)

## SPEAKING OUT FOR HEALTH AND FAITH COMMUNITY NURSING, WITH PASSION

Gloria Wiebe has summarized the AGM meeting for us:

The Faith Community Nursing Interest Group of RNAO held its 18<sup>th</sup> Annual General Meeting and Keynote Address on November 9, 2019. We were hosted in the beautiful setting of Yorkminster Park Baptist Church in Toronto by Lily Cugliari-Kobayashi, Parish Nurse, and her team.

Paula Willis, member of Yorkminster Park, and chaplain at Toronto Grace Health Centre, set the stage for the day. She reflected on a scripture reading from Sirach, drawing attention to two verses ..."for the Lord created them; for their gift of healing comes from the Most High", and ..."he will grant them success in diagnosis and in healing, for the sake of preserving life". These words seem to speak to the practice of faith community nurses.

The business meeting continued throughout the morning, with reports from Anne-Marie Mohler, President, and from the Finance, Membership, Policy/Political Action, Communications, and Social Media Executive Network Officers. The bylaws required major revisions resulting from our name change, RNAO restructuring of executive positions, as well as nominations and on-line voting. The bylaw changes will now be sent out by RNAO home office for acceptance, by *one member, one vote.* 

The keynote speaker, Nina Spencer, gave an inspiring, interactive, and informative address, on *Getting Passion Out of Your Profession; How to keep loving your living and inspiring your* 

colleagues to do the same. She is a leading motivational speaker, appearing on radio and TV, and author of two books: Getting Passion out of Your Profession, and A Time to Creep, A Time to Soar: Lessons from Climbing Kilimanjaro. She reminded us to make conscious word changes, choosing positive language to convey our messages, especially with those who are resistant to your ideas. We should acknowledge and declare our professional values and contributions especially when we are criticized and challenged. She also invited us to keep balanced in difficult times by fostering tasteful and appropriate humor within our faith community, "starting a humour cycle rather than a one of stress".

With this successful day, our interest group now looks to the next year of new opportunities, planning and development.

Gloria Wiebe, RN, Communications ENO

Here is a photo from the AGM attendees:



For more information about FCNIG contact: President Anne-Marie Mohler at amohler@sympatico.ca

Anne-Marie will be stepping down on March 1<sup>st</sup>, 2020 and FCNIG is in need of a President or Acting President. If you could run a meeting and provide leadership, please contact Anne-Marie. We have reps for Regions 1, 4, 7, 8, 11 and are looking for reps for Regions 2, 3, 5, 6, 9, 10.

If you any news you want to share with your FCNIG members, just contact Jeanne Lambert at <u>faithcommunitynurse316@gmail.com</u>